

Cosmetology Contest Guidelines

- **Official Dress is required** for: Monday: Orientation, Tuesday: Contest Wednesday: Awards

Official dress includes: Official SkillsUSA white dress shirt, white polo, or Cosmetology smock. Black dress slacks and black leather shoes. Sock or hose are no longer required, however if worn socks must be black dress socks and hose must be either black or skin-tone and seamless/nonpattern.

Before April 24, 2023 you will color your manikin at your school

You will create a color design of your choice on a long-hair manikin prior to the contest. Contestants may use any of the four basic categories of hair color: semi-permanent, demi-permanent, permanent or lighteners.

Note: semi and demi color products work very on the manikin. Be creative – but design a color that compliments the finished style.

April 24, 2023

Monday Night Orientation – 6:00 p.m.

South Exhibit Hall (water side toward the middle)

1. In accordance with new board policy, any student missing the orientation will receive a reduction of 5% of possible points for the competition. Contest rules will be reviewed at the orientation meeting.

You will need to bring the following to the orientation

2. Contestants must bring 7 copies of a one-page, typewritten resume. A penalty of up to 10 points will be assessed for failure to submit the resume.
3. Contestants will take a Cosmetology Written Test and the SkillsUSA Knowledge Test. The Cosmetology Test will consist of 25 multiple-choice questions and will come from chapters 1-5, and 15-17 in the Milady 13th Edition. The SkillsUSA knowledge test will consist of 20 multiple choice questions with a study guide on the national website. Contestants will have 45 minutes to complete both tests.
4. Contestant Interview: An oral communication test will assess contestant verbal communication/customer service skills. Refer to Technical Standards 6.0 on verbal communication skills for clarification.
5. Contestants will document their hair color plan for the design using the *Sketch Sheet* that will be provided. Contestants will:
 - Illustrate the overall form and directions the hair will move.
 - Identify the color pattern used in the color service. Color pencils may be used when sketching to replicate the placement of the color used.
 - Include the following information **on the Sketch Sheet:**
 - Type of color used
 - Level, tone, and developer used
 - Explanation of how the color used compliments the hairstyle

Equipment and Materials

1. **Supplied by the technical committee:** vanities, mirrors, tables and chairs

2. **Supplied by the contestant:**

1. Cutting shears
2. Thinning shears
3. Razor and spare blade
4. Clipper
5. Thermal tools (flat iron and/or curling iron)
6. Blow dryer
7. Styling products of choice
8. Finishing spray
9. Combs
10. Brushes
11. Spray bottle (filled with water)
12. Towel
13. Rollers
14. Clippies or hair clips
15. First aid kit
16. Blood spill kit

Make sure all items are in your kit.

3. **Contestants will need three (3) mannequins**

- Two mannequins will be ordered by the State SkillsUSA Office and delivered to the contest site. Contestants must use these mannequins. There is no contest fee for the mannequins.
- One manikin and stand must be supplied by the contestant for the Long Hair Design (Fantasy Style).
- Contestants must bring their supplies/products (all brands acceptable), implements, small broom and dustpan, and an **electrical power strip** and anything else you think you **may need**.

April 25, 2023

Tuesday CONTEST Day – Starts at 9:00 a.m.

South Exhibit Hall (water side toward the middle)

Contestants will demonstrate their ability to perform jobs or skills as determined by the Alabama SkillsUSA Technical Standards 2022-2023 edition.

Long Hair Design:

One Hour

Create a long-hair design of your choice within one-hour

- 1.1. Style hair to produce a range of special effects in an upswept position.
- 1.2. Incorporate applicable techniques such as braiding, twisting, rolls, loops, etc.
- 1.3. Secure hair with hair pins, bobby pins and bands as applicable. Volume base inserts (donut bun) are not allowed.
- 1.4. Create a design that is clean, smooth, showing no back combing/brushing under the finished style.
- 1.5. Check that hair pins, bobby pins and bands are not exposed
- 1.6. Demonstrate balance, proportion and form in the finished design
- 1.7. Show control of texture and control of hair direction in the finished design
- 1.8. Long hair design should be complimented by the color design.
- 1.9. Incorporate current trends

Women's Long Hair Cut and Design: Cut and style will be scored as a completed design:

45 minutes

Duplicate a haircut and style that has been preselected by the technical committee within a 45-minutes

- 2.1. Duplicate the haircut using shears, thinning shears, texturizing shears, razor and/or clippers as needed.
- 2.1. Duplicate the length, design line and textured look of the selected cut
- 2.3. Duplicate the finished design using blow dryer & thermal tools such as curling iron, flat iron, etc., as needed
- 2.4. Use appropriate styling products to duplicate the selected haircut
- 2.5. Duplicate the balance of form, control of texture and the control of the hair direction

Men's Cut and Design:

45 minutes

Duplicate a predetermined haircut and design that has been selected by the technical committee

- 3.1. Duplicate the haircut using shears, thinning shears, texturizing shears, razor and/or clipper, as needed
- 3.2. Duplicate the length and design line of the selected cut
- 3.3. Duplicate the finished design using blow dryer, or thermal tools such as curling iron, flat iron, etc., as needed
- 3.4. Use appropriate styling products to duplicate the selected haircut
- 3.5. Duplicate the balance of form, control of texture and the control of hair direction

Uniform Layer Haircut (90 Degree):

45 minutes

Duplicate a uniform layer (90 degree) haircut and design selected by technical committee. Contestant will be styling the hair with the hair dryer and fingers ONLY.

- 4.1. Assemble tools (shears, comb, and blow dryer) and prepare station
- 4.2. Part and clip hair into a four-section
- 4.3. Drop a ½ inch hairline guide around the entire perimeter
- 4.4. Establish the design length around the back perimeter
- 4.5. Establish the design length around the front perimeter
- 4.6. Check to ensure that the front and back design lines are connected
- 4.7. Establish the same length interior guide at the top of head (apex, crown)
- 4.8. Continue cutting from the apex to the front design line to established interior guide at the top of the head
- 4.9. Continue cutting from the apex to the center back design line to complete the interior guide
- 4.10. Use vertical partings to connect guides to complete the cut
- 4.11. Maintain a constant 90-degree elevation throughout the procedure
- 4.12. Follow a traveling guide to maintain uniformly layered lengths
- 4.13. Perform a cross check of procedure for accuracy and finish if necessary

- 4.14. Finished cut is uniformly blended
- 4.15. Blow hair dry to frame face
- 4.16. Clean and organize station

***There will be NO Hair Coloring/ Highlighting done at State SkillsUSA Conference.
This is done prior to attendance.***

Rules:

- 1. NO CELL PHONES
- 2. All styling must be done at contest site. Points will be deducted for any pre-set or pre-curled mannequin.
- 3. No ornaments, hair pieces, or color spray allowed along with makeup and earrings.
- 4. Curling irons/hot rollers may be used during the comb-out.
- 5. All contestants must keep their working area clean and organized.
- 8. All contestants must follow sanitation and safety procedures throughout the contest.
- 9. Professional attitude and communication is expected throughout the contest.
- 10. Once time is called, contestant must stop working. Touching the hair of the mannequin after time is called will result in three penalty points.

**2023 Alabama State SkillsUSA Conference
Score Card**

Type	Skill Area	Max Points
Standard	Written Exam	100
Standard	Oral Exam	80
Standard	Long Hair Design	200
Standard	Ladies Long Layer Cut and Design	200
Standard	Ladies 90 Degree Cut and Design	200
Standard	Men's Cut and Design	200
Standard	Professional Development Test	20
Penalty	Clothing	-10
Penalty	Kit Penalty	-30
Penalty	Resume Penalty	-10

Good Luck to you all!!